















Average Energy Transported

The time-averaged rate per unit area at which energy is transported is S_{avg} , which is called the intensity I of the wave:

$$I = \frac{1}{c\mu_0} E_{\rm rms}^2. \qquad \leftarrow E_{ms} = E_m/\sqrt{2}$$

Energy carried by E&M waves are shared equally by the electric and magnetic fields

A more straight forward way of thinking of the wave intensity, I, is the average of S (the Poynting vector) over one or more cycles:

$$I = S_{\text{avg}} = \frac{E_{\text{max}}B_{\text{max}}}{2\mu_{\text{o}}} = \frac{E_{\text{max}}^2}{2\mu_{\text{o}}c} = \frac{c\,B_{\text{max}}^2}{2\mu_{\text{o}}}$$













